

Quiet Days of Reflection at Lindenwood 2009



Lindenwood Retreat and Conference Center is a Ministry of the Poor Handmaids of Jesus Christ

Lindenwood Quiet Days of Reflection

Quiet Days are held on one Monday a month from 9:00 am to 3:00 pm. The day opens with prayer and is followed by reflection time. Reflection time is a private, silent time for prayer, journaling, reflecting, reading, etc. Feel welcome to use our Chapel, sitting rooms, and library, or explore our beautiful grounds overlooking Lake Gilbraith. Visit the Stations of the Cross, walk our Labyrinths, or enjoy peaceful quiet in our Prayer Garden. Morning reflection time is followed by the main noon meal. The afternoon session includes closing prayer and sharing. Participants are welcome to continue in personal reflection until 5:00 pm.

Fee is \$25 and includes the main noon meal. It is non-refundable and non-transferable. **To Register:** Contact *Lindenwood* at 574-935-1763 or lw@lindenwood.org or complete and mail the registration form on the back.

March 16

The Contemplative Nature of St. Paul

Monday, 9:00 am - 3:00 pm

We have come to know St. Paul by his writings, yet how much do we know about his person and relationships that gave us these powerful faith perspectives about Christ.

Facilitator: Fr. Jerry Schweitzer is Pastor of Sacred Heart Catholic Church in Wanatah; St. Mary's, Otis; and St. Martin in LaCrosse, Indiana. He is a teacher and lecturer of sacred scripture.

April 20

Spirituality - Our Relationship With God: Prayer is Living with God

Monday, 9:00 am - 3:00 pm

The life of prayer is not for an elite few, but for the vocation of all of the people of God. This day will explore "What is Prayer and who is God for you?" and "Praying with Nature."

Facilitator: Sr. Joetta Huelsmann, PHJC, walks with others as a spiritual director, has led numerous retreats, and is currently director of John XXIII Retreat Center at Hartford City, IN.

May 18

Writing Ways: Exploring Writing as a Threshold to Spirit

Monday, 9:00 am - 3:00 pm

Participants will explore personal writing as a means of connection with Spirit. We will use experiences of remembering,

guided meditations, story-telling, poetry, and music to prompt and complement written explorations.

Facilitator: Sr. Judith Diltz, PHJC, is a writer and a college writing instructor. She promises to leave her red pen at home and to serve as a guide so that all might find writing a threshold into the richness of their own spirit!

July 20

Renewal: Stories from America's Religious Environmental Movement

Monday, 9:00 am - 3:00 pm

Stories are an important tool to describe our passage through life. "Renewal" is a DVD which focuses on Americans who are answering a spiritual call to confront the challenges of environmental degradation. Eight short dvd "takes" explore the story from the interfaith perspectives of Christian, Jewish, Buddhist, and Muslim traditions. Together we will see how these religious traditions pave the way for compassion and action.

Facilitator: Loretta Peters is Director of the Lindenwood Retreat and Conference Center, and a member of the Fiat Spiritus Community.

August 17

The Narrow Way: Few There Are Who Find It

Monday, 9:00 am - 3:00 pm

Jesus offers a gentle invitation to those few who would want to follow Him on the difficult path of living "in the world, not of the world." Together we will explore the narrow way of self-sacrifice,

humility, and prayer with Jesus' own Mother as our guide. **Facilitator:** Tom Padberg, MA, is a Spiritual Care Counselor for the Center for Hospice and Palliative Care. He holds a BA in Philosophy and an MA in Theology.

September 21

John of the Cross

Monday, 9:00 am - 3:00 pm

Our day will be an intro to John of the Cross whose writings offer great promise. The morning focus will be John's amorous poem, The Spiritual Canticle, where his experiences are known to us. The afternoon will offer glimpses into the poem's later stanzas where the Beloved/God emerges. **Facilitator:** LeFoy Friesen, PhD, recently retired, continues to integrate the vocational strands of his life: peace/justice worker, theological ethics professor, innkeeper, spiritual trekker. A Secular member of the Discalced Carmelites (OCDS) since 1994, he is interested in John of the Cross primarily as spiritual guide.

October 19

Seasons of Fruitfulness

Monday, 9:00 am - 3:00 pm

When autumn arrives, we look forward to an abundant harvest of fruit. In the same way, we anticipate the rich gifts of maturity as we grow older. On this day, we will examine both the gifts and challenges of spirituality at midlife and beyond. In group sessions and in solitude, we will explore sustainable rhythms for ongoing fruitfulness. **Facilitator:** Marlene Kropf is Associate Professor of Spiritual Formation and Worship at Associated Mennonite Biblical Seminary in Elkhart, Indiana. She also serves as Denominational Minister of Worship for Mennonite Church USA. She is a frequent retreat and workshop leader, a writer, and leader of Celtic pilgrimages.

November 16

Alive in Christ

Monday, 9:00 am - 3:00 pm

St. Paul writes, "I have been crucified to the world. It is now no longer I who live, but Christ who lives in me." After

observing the Jubilee Year of this great Evangelist, we continue to follow in the footsteps of St. Paul, walking together along a path that leads us from death into new and abundant life. In our morning session we'll look at the problem of suffering through the eyes of St. Paul. In our afternoon time, we'll explore how the death of our false selves can free us to live even now in the peace of the Kingdom of Heaven.

Facilitator: Fr. Bob Lengerich is from St. Pius X Catholic Church in Granger, Indiana where he has served since October, 2007.

December 14

Advent: A Time of Longing

Monday, 9:00 am - 3:00 pm

Advent invites us to get in touch with the deepest yearnings of our hearts that have been planted by God. It is a time of waiting in hope for the fulfillment of the Reign of God to flower and continue towards its fullness. For what am I living now? For what do I long? Do I see Advent as a time to keep vigil as we await the Second Coming of Jesus Christ? How does that call me to live today? Perhaps we can go deeply into our hearts to discover how we can build God's Reign together, for Jesus tells us in the Gospels that the Kingdom of God is among us. Do we live as if it is true? **Facilitator: Jay Freel Landry** is currently a Pastoral Associate at Little Flower Catholic Church in South Bend where he directs adult faith formation, retreats, initiation, financial and seasonal outreach, and justice ministries. He has been in parish and retreat ministry for 12 years. He has his Masters of Divinity from the University of Notre Dame.

Take Time For Yourself: Time To Pray, Refresh & Renew

You are welcome at *Lindenwood* regardless of your faith. Retreats offer a time to embrace your spirituality and spend time with God away from the demands of this busy world. A day of no phones or commitments. Make an appointment with yourself and God. Have time to just BE! Scheduled private, personal retreats are available upon request and offer you a quiet environment for solitude, silence, and reflection.

Call 574-935-1780.

Private Spiritual Retreat (Overnight):

Fee: \$54 per day (includes private bedroom, bath, and three meals)
Spiritual direction/guidance can be arranged for an additional cost.

Personal Retreat "Day Away":

Fee: \$31 (day includes private bedroom and one meal).
\$21 (day includes sitting room and one meal).

7-Day Directed and 5-Day Conference (Preached) Retreats:

Call 574-935-1780 to request a *Retreat Brochure* for *Lindenwood* 2008 retreats.

Lindenwood Registration Form



Today's Date: _____

Program: _____ Program Date: _____

Name: _____ Home Address: _____

City: _____ State: _____ Zip: _____

Phone (day): _____ Email: _____

Program Fee (Amount Enclosed): \$ _____

Lodging & Meals (Amount Enclosed) \$ _____

**Full payment is required
10 days in advance.
It is non-refundable and
non-transferable.**

____ Please send me a map with directions to *Lindenwood*.

____ Please send me a *Lindenwood* Program Brochure of weekend and day programs/retreats.

____ Please keep/put me on your mailing list.

For *Lindenwood* programs, lodging and meals, make check payable to: *Lindenwood*

To pay by credit card: Call 574-935-1780

Send registration and payments to *Lindenwood*, PO Box 1, Donaldson, IN 46513-0001

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